

7 Step Aged Care Guide

1 Complete an Aged Care Assessment

An Aged Care Assessment determines whether you are eligible to receive government subsidised aged care services. Visit My Aged Care's website www.myagedcare.gov.au/assessment or call My Aged Care on 1800 200 422

2 Assets and Income Assessment

An Assets and Income Assessment determines what you need to contribute towards the fees and charges associated with your aged care. This assessment is coordinated by Services Australia (Centrelink) and is essential if you want to avoid paying maximum fees.

Visit Services Australia Residential Aged Care means assessment or call 1800 227 475

3 Learn About Fees and Charges

The following fees may apply for permanent residential aged care:

The **Basic Daily Care Fee** is currently **\$63.82 per day**, which equates to 85% of the standard full aged pension. This fee can be directly transferred from your pension. This covers basic living costs such as food and laundry. Everyone entering residential aged care pays the same basic care fee.

Means Tested Care Fee covers the cost of healthcare for aged care residents. The means tested fee is calculated based on income and assets, including the resident's home if they own one. Means tested fees are determined by an assessment coordinated by Services Australia (Centrelink) or the Department of Veteran Affairs.

Accommodation Payment covers the cost of a room in a residential aged care facility, can be paid via Refundable Accommodation Deposit (RAD), a Daily Accommodation Payment (DAP), or a combination of the two.

Extra (or additional) Services Fees

4 Understand Respite Care

Respite care is a **temporary short stay** in a residential aged care facility. Residential respite care can be planned or scheduled on an emergency basis. Respite is often used to provide a break for a person's usual carer, and it can be used as a "trial run" before committing to permanent residential care.



5 Shortlist Your Options

Aged Care Decisions' custom software compares aged care facilities & matches vacancies to your location, budget, care needs and personal preferences.

You will receive a **personalised Options Report**, and at the same time, we forward your information to the facilities on your shortlist, inviting them to start considering the potential resident for admission.

6 Book Facility Tours

We recommend arranging tours of your shortlisted facilities via your dedicated Placement Specialist. Ideally, you should tour facilities between 10.30am - 12.30pm, which is when most social activities are scheduled.

A tour provides the opportunity for you to research each facility's staffing levels, activities calendar, meals and menu options, cleanliness, building and amenities maintenance, and residents' feedback. You may like to take our **handy checklist** with you on your tours.

7 Make an Application

Aged Care Decisions recommends completing an application for your chosen aged care facilities after you have the results of your **Aged Care Assessment**, **Assets and Income Assessment**, and you have conducted a thorough **facility tour**.

Aged Care Decisions can assist you through every step of the application process. Complete our **enquiry form** to get started on your placement journey.

